



SATURDAY, SEPTEMBER 28, 2019
NEWPORT, RI

SAILING INSTRUCTIONS

1. RULES

1.1. The 2019 Sail for Hope Regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).

2. NOTICES TO COMPETITORS AND CHANGES TO THE SAILING INSTRUCTIONS

2.1. Notices to competitors will be posted online and emailed to all competitors.

2.2. Any change to these SIs will be posted prior to 0930 on the day of the race and distributed electronically to entrants.

2.3. The Race Committee intends to broadcast pertinent race information on VHF Channel 05A. Failure of such information to be given or received shall not be grounds for redress. This changes RRS 62.1(a).

3. SIGNALS MADE ASHORE

3.1. Signals made ashore will be displayed from the flagpole located at the Admiral's Pier at the Sail Newport Sailing Center.

3.2. Code flag "AP" is altered so that, when displayed ashore, "1 minute" is replaced with "not less than 60 minutes". This changes Race Signal "AP."

4. SCHEDULE OF RACES

4.1. It is the intent of the Race Committee to run one race. The course chosen for each class will be displayed from the Race Committee Signal Boat.

4.2. At 1045, prior to the display of course signals and subsequent Warning Signal, all boats are requested to observe a moment of silence and listen to reading of the poem, "Lest We Forget" via VHF 05A.

4.3. The initial Warning Signal for the first class is scheduled for 1100.

5. RACING AREA

5.1. The Race Committee will rendezvous in the vicinity to the north of special mark 'Z' off Jamestown in the East Passage of Narragansett Bay, south of the Newport (Pell) Bridge. Please use the South Bay Race Chart found in the documents section of Yacht Scoring for reference or at the below link:

<https://sailnewport.org/wp-content/uploads/2019/05/SailNewportRaceChart2018-20PROOF6.pdf>

6. ON THE WATER CHECK-IN

6.1. Prior to her initial Warning Signal, each boat shall check in with Race Committee Signal Boat by sailing astern of the Signal Boat on starboard tack and hailing her sail number until acknowledged. A boat failing to properly check in may be scored Did Not Compete (DNC) without a hearing. This changes RRS 35 and A5.

7. STARTING AND FINISHING

7.1. The starting line will be in the rendezvous area, between a staff displaying an orange flag on the Signal Boat and the course side of a nearby inflatable mark.

7.2. Races will be started in accordance with RRS 26. Class Flags will be as designated on the scratch sheet.








7.3. Example Starting Sequence:

<u>Signal</u>	<u>Flag and Sound</u>	<u>Minutes before Starting Signal</u>
Warning	Class Flag; 1 Sound	5
Preparatory	Code Flag P; 1 Sound	4
One-Minute	Code Flag P Removed; 1 Long Sound	1
Starting	Class Flag Removed; 1 Sound	0

Unless otherwise stated, the initial Warning Signal for each succeeding class shall be made with the starting signal of the preceding class.

7.4. The finishing line will be in the vicinity of the starting area north of special mark "z", between a staff displaying an orange flag on the Signal Boat and the course side of a nearby inflatable mark.

7.5 The order of starts is listed below along with the class flag:

Initial Starting Sequence			
Racing Area: Sail for Hope			
1	PHRF - Non-Spinnaker 1	PHRF	
2	PHRF - Non-Spinnaker 2	PHRF	
3	PHRF- Spinnaker 1	PHRF	
4	PHRF- Spinnaker 2	PHRF	
5	PHRF- Spinnaker 3	PHRF	
6	PHRF- Spinnaker 4	PHRF	
7	PHRF- Multihull	PHRF	

8. COURSES

8.1. The course options and the order of marks to be rounded are listed below. The chosen course for each class will be displayed from the Signal Boat and announced on VHF Channel 05A.

<p>Course ‘C’ “Around The Island Race”</p> <p>Start “NR” Bell (650 yards SW of Beavertail Point)- Starboard GC “5” buoy (1000 yards NW of Conanicut Point)- Starboard R “2” Bell (1200 yards NE of Conanicut Point)- Starboard R “12” Bell (100 yards SW of Rose Island)- Port</p>	<p>Course ‘O’ “East Passage Course”</p> <p>Start GR Can (NE of Halfway /Fiske Rock)- Port G "9" Gong (East of Bull Point/Ft. Wetherill (Jamestown))- Port C "13" (North of the Newport (Pell) Bridge)- Starboard R "12" (SW of Rose Island)- Port</p>
<p>Course ‘C R’ “Around The Island Race Reversed”</p> <p>Start R “12” Bell (SW of Rose Island)- Starboard R “2” Bell (1200 yards NE of Conanicut Point)- Port GC “5” buoy (1000 yards NW of Conanicut Point)- Port “NR” Bell (650 yards SW of Beavertail)- Port</p>	<p>Course ‘OR’ “East Passage Course Reversed”</p> <p>Start G “9” Gong (E of Bull Point/Ft. Wetherill (Jamestown))- Starboard GR Can (NE of Halfway/Fiske Rock)- Starboard R “12” (SW of Rose Island)- Port</p>
<p>Course ‘G’ “Gould Island Course”</p> <p>Start Gould Island- Boats may opt to round Gould Island in either direction R “6” Bell (Butterball Rock SW of Castle Hill Point)- Starboard</p>	<p>Course ‘GR’ “Gould Island Course Reversed”</p> <p>Start R “6” Bell (Butterball Rock SW of Castle Hill Point)- Starboard Gould Island- Boats may opt to round Gould Island in either direction R “12” (SW of Rose Island)- Port</p>

9. BRIDGES AND EXCLUSION ZONES

9.1. For all courses and all classes, passage under the Newport (Pell) Bridge shall be made through the center three spans only. Passage through the Jamestown (Verrezano) Bridge shall be made through the center span only.

9.2. The Exclusion Zone (charted on NOAA chart #13221) along the naval facilities at Coddington Cove must be honored at all times.

10. PENALTY SYSTEM AND PROTESTS

10.1. RRS 44.1 is amended so that “One-Turn Penalty” replaces “Two-Turns Penalty”. Any boat having taken a penalty is asked to advise the Race Committee upon finishing.

10.2. Due to the nature of the event, protests are highly discouraged. However, any boat wishing to file a protest must notify the Race Committee of her intention to protest including boat(s) protested upon finishing.

10.3. Protest forms will be available at the Newport Shipyard.

10.4. Protests will be heard as soon as practicable.

11. RETIRING FROM A RACE

11.1. A boat that wishes to retire shall notify the Race Committee before leaving the course area via VHF Channel 05A or, if unable to do so, by calling Sail Newport (401-849-8385).

12. SCORING

12.1. The Low Point Scoring System of Appendix A will apply.

13. TIME LIMIT

13.1. The time limit for all boats will be 1700 hours. Any boat finishing after 1700 hours will be scored TLE equal to finishers in their class plus 2. This changes RRS 35.

14. NOTES

14.1. Competitors are reminded that Narragansett Bay is a restricted channel and sailing vessels do not have the right of way over a vessel under power that may be restricted in her ability to maneuver.

14.2. Competitors are also reminded of the after-race party at the Newport Shipyard. Additional wristbands may be purchased at the door for \$30 each.

Lest We Forget

A poem read every year since 2001 prior to the initial Warning Signal

With proud thanksgiving, a mother for her children They shall not grow old, as we that are left grow old, America
mourns for her dead, Age shall not weary them, nor the years condemn. Flesh of her flesh they were,
spirit of her spirit, At the going down of the sun and in the morning,
 We will remember them. We will remember them.

From the poem "For the Fallen," by Laurence Binyon in 1914 Adapted by
Scotty Murray